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TOOTH COLORED FILLING INSTRUCTIONS

How Long Will I Be Numb?

How long you are numb depends on the amount and type of the anesthetic used and the time since the injection. It may be already wearing off, or it may last for several hours after your appointment. Whatever the case, do not eat anything or drink hot liquids while you are numb.

Is It Normal For My Mouth To Be Sore?

Your mouth can be sore from the procedure which involves manipulating the gum tissue and placing a matrix band around the tooth to facilitate filling the tooth. Also your mouth has been open for a long time possibly causing joint inflammation. The injection site can also be tender. If Peridex was prescribed you should continue to use it until it is gone, this will help with gum irritation. It is helpful to take Motrin (if not allergic to it) before the anesthetic wears off. If unable to take Motrin, you can take whatever you normally take for a headache.

How Long Do I Have To Be Careful With My Filling?

One of the benefits of a white filling is that it is completely set by the time you leave the office and it is ready for normal function. Be sure to follow the precautions of being numb. You should have the same precautions with chewing as you do with your other teeth. That includes no ice chewing, jaw breakers, old maids, etc. Also for front teeth, no nail biting, pulling beef jerky, pen chewing, etc.

What If My Tooth Is Sensitive?

It is normal to experience some sensitivity after your appointment. Occasionally the sensitivity can last for several weeks and can be a sign of irreversible inflammation of the nerve. The more extensive the cavity, the greater the likelihood of sensitivity. Also if the bite does not feel right this can lead to a sensitive tooth. Let us know if the bite needs adjusting. This is a simple procedure.

Why Does My Tooth Feel Different?

The anatomy of the tooth has changed and your tongue is very aware of sudden changes in your mouth. This will feel normal in a few days. If the bite feels "high", let us know right away so we can adjust your bite. Do not assume it will wear in. It is a simple procedure to adjust the bite for you.

If you have any questions, feel free to call us anytime.

Thank you for your referrals of your friends and family members, they are the best compliments we can receive.

