

## ROOT CANAL INSTRUCTIONS

### **How Long Will I Be Numb?**

How long you are numb depends on the amount and type of the anesthetic used and the time since the injection. It may be already wearing off, or it may last for several hours after your appointment.

Whatever the case, do not eat anything or drink hot liquids while you are numb.

### **Is It Normal For My Mouth To Be Sore?**

Your mouth can be sore from the isolation required for the procedure. Also your mouth has been open for a long time possibly causing joint inflammation. The injection site can also be tender. It is helpful to take Motrin (if not allergic to it) before the anesthetic wears off. If unable to take Motrin, you can take whatever you normally take for a headache.

### **Is It Normal For My Tooth To Be Sore?**

It is normal to experience some soreness in your tooth, or tenderness to bite after your appointment. Occasionally the tenderness can last for a couple weeks. Motrin is a good pain reliever for tooth pain. If you cannot take Motrin use what you normally use for a headache. If the tenderness is not controlled by your pain reliever, or you notice swelling, call the office right away. Also if the bite feels "high" let us know so we can adjust your bite. This is a simple procedure.

### **Do I Have To Be Careful With My Tooth?**

Do all your chewing on the other side and keep the diet soft for 24 hours. You should favor the tooth until the final crown or restoration is placed, which should be ASAP. Be sure to follow the precautions of being numb.

### **Why Does My Tooth Feel Rough Or Like There Is A Hole?**

If you have a temporary it may feel a little rough and even feel like some of it has fallen out. Usually the temporary filling has not totally come out. If you feel you are trapping for inside your tooth let us know so we can take a look.

If you have any questions, feel free to call us anytime.

**Thank you for your referrals of your friends and family members, they are the best compliments we can receive.**

