

CROWN AND BRIDGE PREPARATION INSTRUCTIONS

How Long Will I Be Numb?

How long you are numb depends on the amount and type of the anesthetic used and the time since the injection. It may be already wearing off, or it may last for several hours after your appointment. Whatever the case, do not eat anything or drink hot liquids while you are numb.

Is It Normal For My Mouth To Be Sore?

Your mouth can be sore from the procedure which involves manipulating the gum tissue to get an accurate impression. Also your mouth has been open for a long time possibly causing joint inflammation. The injection site can also be tender. If Peridex was prescribed you should continue to use it until it is gone, this will help with gum irritation. It is helpful to take Motrin (if not allergic to it) before the anesthetic wears off. If unable to take Motrin, you can take whatever you normally take for a headache.

How Do I Care For My Temporary?

The temporary is just as the name implies. It is made for short time use and glued on with short term glue. Favor the temporary. Try to avoid chewing on it. Do not eat crunchy or sticky foods. Brush and floss the temporary. When flossing pull the floss out the side, not back through the contact, as this may pull off the temporary. If you have a temporary bridge, floss underneath using a floss threader. It is very important to keep the temporary and the surrounding gum tissue very clean to facilitate the cementation of the "permanent" crown or bridge. If the temporary breaks or comes off call us as soon as possible so we can replace it. If you are out of town you can use some denture adhesive until you can get in to see us. The temporary not only protects the tooth, it also holds the surrounding and opposing teeth in place.

What If My Tooth Is Sensitive?

It is normal to experience some sensitivity after your appointment. If the reason for the crown is a cracked tooth, it is likely the tooth will still be sensitive as the temporary is soft and does not support the tooth like the "permanent" crown will. Occasionally the sensitivity can last for several weeks and can be a sign of irreversible inflammation of the nerve. The more extensive the cavity the greater the likelihood of sensitivity. Also if the bite does not feel right this can lead to a sensitive tooth. Let us know if the bite needs adjusting. This is a simple procedure.

If you have any questions, feel free to call us anytime.

Thank you for your referrals of your friends and family members, they are the best compliments we can receive.